Super is a long-term investment for your retirement, so you normally can’t access it until you’ve reached your preservation age. However, there are some special circumstances where you may be eligible to access your super early.

### After preservation age
Your preservation age is the minimum age you can begin accessing your super under normal circumstances. The age varies depending on when you were born.

You can access your super savings when you’ve reached your preservation age and:
- have permanently retired, or
- want to transition to retirement while you’re still working, or
- you’ve changed jobs on or after turning 60, or
- you’ve turned 65 (even if you’re still working).

**What’s my preservation age?**

<table>
<thead>
<tr>
<th>If you were born:</th>
<th>Age you can access your super</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before 1 July 1960</td>
<td>55</td>
</tr>
<tr>
<td>1 July 1960 to 30 June 1961</td>
<td>56</td>
</tr>
<tr>
<td>1 July 1961 to 30 June 1962</td>
<td>57</td>
</tr>
<tr>
<td>1 July 1962 to 30 June 1963</td>
<td>58</td>
</tr>
<tr>
<td>1 July 1963 to 30 June 1964</td>
<td>59</td>
</tr>
<tr>
<td>After 1 July 1964</td>
<td>60</td>
</tr>
</tbody>
</table>

If you are eligible, you can apply to access your super by logging into your [online account](#) and selecting ‘Make a withdrawal from my super account’ in the ‘Manage my account’ section.

### Access your super as a regular income
You don’t have to withdraw your super to access it. You can keep your super invested and turn it into a regular income. Keeping your money invested in AustralianSuper with a TTR Income or Choice Income account helps you control how long your savings last. Options to consider include:

**TTR Income**
Access some of your super while you’re still working.*
- ✓ Staying invested could help your super last longer.
- ✓ Work less or save more.
- ✓ Save on tax after age 60.*

Find out more about TTR Income at [australiansuper.com/TTR](#)

**Choice Income**
Receive your super as regular payments during retirement.
- ✓ Staying invested could help your super last longer.
- ✓ Access additional money when you need it.
- ✓ Sweeten your retirement with a Balance Booster (if eligible).

Find out more about Choice Income at [australiansuper.com/ChoiceIncome](#)

Government prescribed minimums and maximums and other restrictions may apply.

* Transition to retirement strategies can be complex and are not suitable for everyone. You should seek advice to make sure it’s right for you.

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You don't have to take your super as a lump sum
If you’re ready to retire, [contact us](#) to find out about our [Choice Income](#) account.
Before preservation age

In some circumstances, you may be able to access some of your super before reaching your preservation age. There are five main situations where this may be possible:

1. Financial hardship

If you’re experiencing financial hardship, you may be able to access your super early. You can apply for one payment up to $10,000 in a 12-month period.

To be eligible, you need to:

› have received Commonwealth income support payments for a continuous period of at least 26 weeks
› be receiving these payments when you make your application and;
› be unable to meet reasonable and immediate family living expenses.

If you’ve reached your preservation age plus 39 weeks, you can apply for a payment of any amount if:

› you’ve received Commonwealth income support payments since reaching your preservation age
› you’re unemployed or employed for less than 10 hours a week when you make your application.

2. Compassionate grounds

If you need to cover costs for you or your dependents, you can apply to the Australian Taxation Office (ATO) for early release of your super on compassionate grounds. Such costs may include:

› medical expenses (including medical transportation)
› home loan payments to avoid foreclosure on your mortgage
› changes to your house or car to accommodate severe disability
› palliative care or funeral expenses.

For more information, as well as details on how to apply, visit ato.gov.au or call the ATO on 13 28 61.

3. Departing Australia Superannuation Payment

If you’re a temporary resident who has earned super while working and living in Australia, you can claim your super through the ATO website.

To receive your super, you must:

› have been in Australia as a temporary visa (subclasses 417 - Working Holiday and 462 - Work and Holiday)
› have already left Australia
› be the holder of an expired or cancelled visa.

You can apply before you leave Australia. New Zealand citizens aren’t entitled to access their super early. The Australian and New Zealand Governments have an agreement in place to allow the transfer of super in an Australian fund to the New Zealand superannuation system. For more information, visit ato.gov.au

4. Terminal illness or permanent incapacity

If you are diagnosed with a terminal illness or permanently incapacitated, you may be able to claim some or all of your super early. Call us on 1300 300 273 if you’re in this situation.

5. If you’ve left your employer and have less than $200 in your account

In addition, you can also access your super early if you have left your employer and have less than $200 in your account.

Before you withdraw your super it’s important to consider:

› how it will impact your retirement
› if you’ll need to pay more tax
› any impacts it will have on benefits you’re receiving i.e. Centrelink, Work Cover etc.

We can help you

Make sure you give us a call on 1300 300 273 to find out if you have any other options. In some circumstances you might be able to make an insurance claim or access Government support instead of withdrawing your super.

Contact us

Call 1300 300 273 (8am to 8pm AEST/AEDT weekdays)

Email australiansuper.com/email

Web australiansuper.com

Mail AustralianSuper Insurance GPO Box 1901, Melbourne VIC 3001

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